



Animal News

A publication of Alliance for Animals and the Environment • Madison, Wisconsin • Summer, 2015

Record Turnout at **mad CITY VEGAN FEST**

“It’s a wonderful testament to Vegan Fest’s success that the biggest criticism of it was that too many people showed up to fit into the venue.”

~Aaron, first time Vegan Fest volunteer



The fifth annual Mad City Vegan Fest was held Saturday, June 27 at the Goodman Community Center. A record turnout of an estimated 4,000+ attendees watched inspiring presentations, visited over 50 exhibitors, enjoyed lots of delicious food, and received helpful information on protecting animals, the environment, and their health.

The 2015 fest was made possible by the following sponsors and contributors:



Matt Brown • Judi and Phil Duncan • Lynn Harmet and John Devereux • Mikey Stewart and Adam Grout
Central Wisconsin Ambassadors of Alliance for Animals and the Environment

Visit veganfest.org/2015 for videos of the presentations and a complete list of vendors, exhibitors, and raffle donors.



SAVE THE DATE!
Mad City Vegan Fest
Saturday, June 18, 2016 from 10:00 am to 5:00 pm
Alliant Energy Center



A Message from Miles Beining

Note from Hannah: A message from our newest ambassador replaces my words this month, because really, what more could I add? We are so lucky to have Miles as part of the Alliance, and I am humbled to see the intelligence and compassion of this next generation.



Other animals feel a lot more than most of us give them credit for. They feel pain, they feel happiness and above all, love. That's why I'm fighting for them, and that's why I started on this long road to stop, once and for all, the enslavement of non-human animals.

I hope I live to see the day when animals are not sold, when they are not eaten, and when we can feel enough compassion in our hearts to stop the terrible things we do to them today. As I write this I am reminded of one of my favorite quotes:

Animals are my friends ... and I don't eat my friends.
~George Bernard Shaw

I am asking you today to consider a vegan lifestyle and get involved with animal activism for the sake of animals, your health, and the planet.

Thank you,
Miles Beining
Youth Ambassador and animal of earth

GET INVOLVED!

Ambassadors to the Animals keep the executive director posted about what's happening in other parts of Wisconsin or in other organizations. They can also start campaigns, committees, and events in the Alliance's name.

Visit allanimals.org/ambassadors.php to learn more and download an application.

Help Support the Alliance

Once: \$25 ensures you'll receive all paper mailings, including the newsletter.

Monthly: Set up a recurring donation through paypal.

For Years to Come: After ensuring that your family and friends are taken care of, you can name the Alliance in your will. Let your attorney know to use these words: *Alliance for Animals and the Environment, a not-for profit corporation organized under the laws of Wisconsin and having its principal address of P.O. Box 1632, Madison, WI 53701.*



Alliance for Animals and the Environment

P.O. Box 1632
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allanimals.org

Other Alliance Websites

madisonvegan.com
veganfest.org
forallanimals.wordpress.com

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Tim Swartz, Southeast Wisconsin

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Vegan Recipe Impresses Omnivores

Anna Peterson Sanders, East Central Wisconsin Ambassador, provided vegan food for 50 people at Cats Anonymous' open house in June. The organizer responded enthusiastically: "Hot d*** ... we impressed some meat eaters! I have at least nine DEMANDS for the chix salad recipe."

Here is that very in-demand recipe for all of you to try!

Help Us Save Trees!

Email alliance@allanimals.org to receive your newsletter by email instead of by snail mail.

Chickenless Chik'n Salad

1 package Beyond Meat chicken-free strips
(cut into bite-size cubes)
1/2 cup of Vegenaïse (to taste)
1-2 tsp. Dijon mustard (to taste)
1 celery stalk, diced small
1/4 cup onion, diced small
Kosher salt and pepper to taste

Mix everything together in a large bowl. Add more Vegenaïse or Dijon mustard, if desired, and adjust salt and pepper to taste. Chill until ready to serve. Great as a sandwich, on crackers, or even on top of a bed of lettuce! ♦

New Farm Poses Environmental Risk

By Tim Swartz, Southeast Wisconsin Ambassador

The number of factory farms in Wisconsin has more than quadrupled since 2000, but until recently, many of those were farms for dairy cows.

Now, we may see the same expansion in farms for pigs – at least, if Badgerwood has its way. In addition to being the largest pig farm in the state, Badgerwood would become the first major factory farm in the Lake Superior basin.

The proposed factory farm would have 26,000 pigs, producing 6.5 million gallons of liquid manure annually. Dr. Keeve Nachman, PhD at Johns Hopkins Bloomberg School of Public Health, estimates that the waste from the Badgerwood factory farm is the equivalent to a city of 50,000 people.

Environmental advocates are rightfully concerned about the harmful effects of this proposal, as factory farms can cause serious human health and environmental problems. For example, Kewaunee County has 14 permitted large factory farms, giving it one of the highest densities of cows in the

state. Citizens in the county have reported manure trucks rumbling through town during festival weekends, causing burning eyes and sore throats.

Thirty percent of all tested wells in Kewaunee County were shown to have undrinkable water, and just to the west, fertilizer and manure has helped create a growing dead zone in the waters of Green Bay.

The *Journal Sentinel* reported, "In 2014, areas of the bay where virtually nothing lives lasted 43 days. By comparison, in 1990 the dead zone was gone in 4 days, according to figures from the city's wastewater utility."

There is hope for citizens of Ashland and for all those who treasure the Great Lakes. Federal authorities have ordered a one-year suspension period so local officials may study what's at stake for the health of the community. The Alliance will continue to speak out against factory farms, as well as the

farming of all animals, and to promote an earth friendly vegan diet. Now is the time to join us in this important work. See the "Get Involved" box for more information. ♦

GET INVOLVED!

Join the Farmed Animals Committee.
Email gina@allanimals.org for info on the next meeting.

Learn how easy it is to make vegan choices at
allanimals.org/vegan



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Fall Vegan Drinks Info Extravaganzas

Want to learn more about the Alliance's events and programs in an informal setting? Join us every third Tuesday for our Fall Information Extravaganzas! One table will be dedicated to learning about the topic, and another for socializing.

August - Chili Cook Off Planning

August 18, 2015 from 7 to 9 pm

Tex Tubb's Taco Palace, 2009 Atwood Avenue

Whether you want to help us scout raffle prizes, contact local restaurants, or keep the event as green as possible, we have the right organizer position for you! Tex Tubb's has ample vegan options as well as a range of delicious drinks. All ages are welcome.

SAVE THE DATE!

12th Annual Vegan Chili Cook Off and Raffle
Sunday, October 4, 2015 at 5:30 pm • allanimals.org/chili
Madison Masonic Center, 301 Wisconsin Ave.

September - Events and Campaigns for the Upcoming Year

September 15, 2015 from 7 to 9 pm

The Flying Hound, 6317 Mckee Road, Fitchburg

What do we already have planned for 2015-16? What are your priorities? Come for a master brainstorming session at The Flying Hound, Fitchburg's new favorite bar. There's a wonderful beer list, but limited vegan food options. All ages allowed.

In Memory

American Saddlebred: Cin-Bar Superior Penny,
So happy to have you! A.K.A. Izzy

Tributes of 20 words or less will be listed for a donation of \$25 or more. Pictures welcomed. Visit our Donate page at allanimals.org or include your tribute in the enclosed envelope.