Tex Tubb’s and Eldorado Take Top Honors

But everyone agrees that all the chilis at AFAE’s 10th Annual Chili Cook Off were prize-worthy! Thank you to restaurants, businesses, and volunteers.

Tamara Russell for Liliana's Restaurant with chili by chef Dave Heide; Ayoub Oubel for Bunkey's Cafe; Patrick Patterson Owner/GM Tex Tubb's Taco Palace; and chef Taylor Anderson for Eldorado Grill

J udges' Choice
1st Place - Tex Tubb's Taco Palace
2nd Place - Bunky's Cafe and Eldorado Grill (tied)

Peoples' Choice
1st Place - Eldorado Grill
2nd Place - Liliana’s
3rd Place - Bunky's Cafe

Please Support These Businesses!
Meet Simply Vegan Writer Marina Drake

The Simply Vegan newsletter goes out twice a month to its subscribers. Our new editor, Marina Drake, has done a fabulous job of collecting a wealth of timely information about veganism and passing it on to our members in her own friendly style. We asked Marina a few questions about her and her work for animals.

Tell us when you went vegan and why?
I grew up in Omaha, Nebraska with cats, horses, and other animals. There you saw cows everywhere. The more I learned about how cows were raised and slaughtered - everything the public doesn’t see - the more certain I was that I didn't want to contribute to that process. Like many people, I had been raised to think of veganism as “extreme.” It was really my mother’s founding of an animal rights and rescue group and going vegan that inspired me to try going vegan more than 20 years ago. I went completely vegan about 10 years ago.

What has been hard/easy about switching to a vegan diet?
Fat cravings and a love of convenience foods! I grew up eating meat every day with lots of dairy products, and I wondered how I could ever give up cheese. I once heard someone say, “I couldn't give up cheese, so I gave up animal cruelty instead.” That says it all in a nutshell. Whenever I think of what “farmed” animals endure, the suffering, confinement, and slaughter, being vegan feels comparatively easy. There are so many tasty and convenient vegan foods available now, and it’s so easy to find good recipes and nutritional information that, for me, being vegan has been more of an adventure than anything else. The fact that my husband Steve loves to cook gourmet vegan food helps, too!

How do you like doing the newsletter?
Having the chance to do what I love, writing and sharing great recipes and information with others is challenging and fun. Simply Vegan is an opportunity for which I’m very grateful, and I think I’m the luckiest person on earth!

How long have you been an advocate for animals?
Animal advocacy for me began in childhood with companion animal rescue, awareness of wildlife issues, and writing an angry letter to a teen magazine about fur. I was also involved in cat rescue for many years.

About the time my mom encouraged me to go vegan, I came across a newsletter someone left in a doctor’s office about Frances Moore Lappe’s book, Diet for a Small Planet. The more I learned, the more I realized how much farmed animals need our help. About 10 years ago, I started to get more involved with AFAE, immersing myself in Madison’s animal rights community, serving on the Companion Animal Committee and then on the Board, leafleting, tabling and helping with events.

What are your hopes for the Simply Vegan newsletter?
If people share the Simply Vegan newsletter (and MadisonVegan.com) with their friends, we can continue to spread the word. I look forward to sharing information about delicious vegan

(Continued on page 2)
Marina Drake (Continued from page 2)

food, as well as about vegan clothing, products, books, and vegan thinking. I have faith that the liberation of all sentient beings will come about, because so many people are taking action for animals now, and veganism is becoming more of a reality.

Is there anything else that our members should know about you or Simply Vegan?

In the future, I hope to do some Simply Vegan outreach events and would welcome any volunteers who would like to get involved to promote plant-based eating. If you're interested in volunteering, email me. I will be happy to help you discover how you can best use your talents to help the animals. One person can make a difference!

Sign up for our Simply Vegan newsletter by visiting simplyvegan.net. Marina Drake can be reached at marinad.afae@gmail.com.

From Lynn and Rick

You may already have heard that we have resigned our roles as Executive Directors of AFAE.

We have been working full time on behalf of animals since 1997 and as Executive Directors of Alliance For Animals since 2008. We’ve spoken in venues around the country, written literally reams of letters on behalf of animals, met with politicians and law makers, and organized protests and some extraordinary events.

Some of our efforts contributed to victories, while others failed, but we never misunderstood how difficult it is to get others to listen when speaking for those who have no voice, who are routinely hurt and killed, and whose use is so vigorously defended by local, state, and federal governments and by those who make a living hurting and killing them.

We wish to thank the many members of our Board of Directors who we’ve worked with over the years for their inspiration and support. We also thank you, our members, our awesome volunteers, and supporters, for your generosity and kind words of encouragement during our tenure. You are the Alliance!

Sign Erected in Memory of Killed Cows

It was Thursday afternoon, November 7. I was working at my day job when I received an email from a friend at PETA. He wanted to know whether AFAE could pick up a sign they had made commemorating the cows who were killed when a cattle truck overturned near Madison on the way to a slaughterhouse in Green Bay, buy some fence posts, and any needed hardware and tools, and erect the sign - all before Monday. We emailed back and forth a bit, and after running down an Alliance member with a pick-up, I wrote back saying that we would do our best.

I had to work at my day job again on Friday, but on Saturday, after interviewing two candidates for the AFAE Executive Director position, board president Charlie Talbert and I drove across town in his truck and picked up the sign. We stopped at a hardware store and bought the posts and a few nuts and bolts.

The next morning, Steve Drake, Charlie, and I squeezed into Charlie’s truck with our tools and headed out to the intersection of Highway 151 and Highway E, where the accident had occurred. We had the sign up in relatively short order without incident and took a number of photos.

When I was home again and looking at the images on my computer, the memorial seemed to be missing something; I thought it needed flowers. So back I went, this time alone, with a few bunches of flowers from the grocery store. I took some more pictures.

On October 16, the driver of a double-decker cattle truck lost control and rolled the truck with 32 cows inside. Some were killed in the crash, others were injured and shot dead at the scene of the accident. One commenter on the Channel 3000 website said that they had seen two accidents like this before and noted that there were “animals screaming in pain, going into shock, broken legs with bones sticking out. The smell of blood everywhere.”

All the survivors were loaded into another truck and taken to slaughter. No other media outlet covered the story.

Rick Bogle
Tributes

In memory of Maddie and Tiger Crocker, loving friends and longtime companions of Lesley, Ken, and Frank Crocker, from Vicky and Charlie Talbert.

In memory of Elizabeth Munro, mother of Betsy Munro, from the AFAE Board of Directors and Staff. We all celebrate your mom’s life and send our thoughts to you at her passing.

*Tributes of 20 words or less will be listed for a donation of $25 or more. Pictures welcomed. Visit our Support page at www.allanimals.org or include your tribute in the enclosed envelope.

Join Us!

Antivivisection Committee
1st and 3rd Wednesday of the month 6:00 - 8:00 pm
This is an active group, so be prepared to do some work! Visit allanimals.org/events for more information.

We Appreciate Our Volunteers

Our heartfelt thanks go out to the following people for making our Chili Cook Off and Raffle a totally wonderful success.

Amy Burns, Kristi Chijimatsu, Lesley Crocker, Marina and Steve Drake, Dave Friedman, Susan Frikken, Renae Geier, Julie Grosso, Deb Hanrahan, Michelle Holt, Shari Jensen, Becky Koechell, Christie Lord, Sue Miller, Betsy Munro, Mourning Dove, Tom Rasmussen, Laura Riel and her boyfriend Dave, Megan Ryan, Anna Peterson Sanders and David Sanders (pictured right), Susan Shepanek, Carol Smolinski, Gina Stuessy, Vicky and Charlie Talbert, Julie Tjugum, Angie Virnig, David and Elizabeth Ward, Ben West, Lisa West, White Oak String Band, and Michele Withers.

Please volunteer by clicking on the “Getting Involved” tab at our website at allanimals.org. We need you!